

Julia Zakhartchenko

Julia is happy to work with anyone looking to commit to change. With 10 years of training experience, Julia believes that through creative and effective exercises and her coaching everyone can achieve the results they want! If you are looking for a challenging workout that will target your entire body, come to Julia's Cardio Kick-boxing on Saturday mornings!

Former
“Miss Illinois Muscle Madness”

Certification/Education

Fitness and Nutrition, Fitness School of Scranton, PA
Certified Personal Trainer, A.C.E
Pilates Reformer Certified
Latvia University, Bachelor in Business Management

